

# Primary 4 / 5 Newsletter for Term 4

**HEALTH**



## Healthy Body; Healthy Mind

This term, we will be finding out about the body - doing senses experiments, learning about different systems in the body, and how diet, exercise and hygiene help to keep us healthy. We will measure our breathing rate in PE and build stamina during some circuit training. We will find out a bit about the brain, do some brain puzzles and memory games. We will be learning about food groups and finding out more about sugars, fats, snacks and where our energy comes from in a fun way. This term we will also be learning through 'Living and Growing' programmes. Primary 4 will learn about 'Differences' and 'How did I get here?' and Primary 5 will find out about 'Growing Up' and 'Changes'.

## Literacy

We will continue to work towards specific individual targets to improve the quality of our writing – this will include the use of alliteration, similes and onomatopoeia as well as increasing vocabulary, punctuation, connective words and sentence openers.

## Numeracy and Mathematics

This term we will be learning more about money and finance, telling the time and using timetables. One group will start subtraction with exchange and another group will continue with algebra. We will also be revising the 4x, 8x and 9x tables.

## Homework

Homework will continue to be given out *every* week (usually Monday) for return on Thursday/Friday. Details are typed and stuck into homework jotters as well as explained to the children. As part of homework children will be asked to organise a 2-5 minute talk about a subject or mini project of their choice. These will be heard in June as they are ready. Reading will be detailed in the reading record which is also the Home/ School link jotter.

## Specialists and Events

Monday:  
Outdoor Learning PM  
Tuesday:  
Music Specialist / PE  
Wednesday:  
Bookshop / Library  
Art specialist  
Thursday:  
Art specialist  
Friday: PE

## P4/5 Community Cafe

Baking Thurs 8th June  
Cafe Friday 9th June



## PE

This term we will continue to improve our ball skills through netball and rounders. We will also be improving our fitness and stamina through trying various athletics events and through circuit training and practice for Sports Day which is on Friday 2nd June.

Please ensure that your child has a gym kit in school every day.

## Outdoor Learning: MONDAY PM

Again, this term we hope to continue go to Fyvie village or woods to take part in various outdoor activities and challenges on a Monday Afternoon from 1.00- 3.00. In order to leave the school grounds we need at least 1 adult volunteer to cover our ratio. Please circle any of the dates that you can help and I will make up a rota. Many thanks to those who have helped us so far.



I have read the Primary 4/5 Term Four Newsletter.

Child's Name:

Signed:

I am happy to help with outdoor learning on the following Monday Afternoons 1.00-3.00pm (please circle):

**24 April**

**8 May**

**15 May**

**29 May**

**12 June**

**19 June**

**26 June**